

Location and Facilities

A M Care Home is situated in Lodge Lane, Grays, Essex within 2 minutes walking distance of Socketts Heath parade of shops, bank, building society and restaurants. We are within easy reach of Blackshots Swimming pool and leisure centre. There is ample opportunity to participate in sports activities such as football, rugby and golf in nearby Blackshots Park. Educational institutions such as Thurrock College offering vocational and academic studies, Palmer's College for pursuing higher education and Grays Adult Education Centre for craft and vocational training and learning, are all within the vicinity of our care home. Our care home is a mere 10 minutes from the Grays mainline railway station, and is just 5 minutes from J30 of the M25.



Enquiries

We welcome all enquiries and visits from prospective clients, their family members and officials. We recommend that you telephone in advance for an appointment. In this way we can ensure that we have a dedicated member of our trained staff available to provide you with a guided tour and answer all of your queries.



A M Care Home

A Quality Care Provider to
people with mental health and
learning disabilities

Contact us on:
01375 379134

contact@amcarehome.com
www.amcarehome.com

A M Care Home Ltd,
56-58 Lodge Lane, Grays Essex RM16 2YH

CSCI Certificate No: 1560003847
A Member of the National Autistic Society
Dual Registration for Mental Health*
*pending

About us

A M Care Home offers eight residential care places for people with Mental Health and Learning Disabilities. Our aim is to provide support and encouragement to all our service users with the end goal of achieving independent living. Our focus is on developing the talents of each individual, providing them with a keen sense of self worth and value and empowering them so that they become fully integrated members of the wider community.

Our philosophy is 'Nurturing People' and the service we provide is people-centred. Our team is highly dedicated and experienced and we can also offer care and support to those with specific needs such as autism and Asperger's syndrome.



“Nurturing People”

Our Services

- 24/7 care and friendly support provided by fully trained staff.
- We provide short, medium and long term care facilities.
- All our staff members undergo rigorous CRB and POVA Checks.
- All care home members are encouraged and supported to undergo further professional advancement and to attend Continuing Professional Development courses to better meet the needs of our service users.
- Our motto is to nurture and train.



Our Aims

Train every service users in basics of home economics and personal grooming i.e. Personal hygiene, washing, ironing their cloths and dressing.

Teach self-sufficiency with fundamental cooking skills with an emphasis on food hygiene and nutrition.

Advise, encourage and support service users to further develop their individual talents by taking appropriate training courses and taking up employment or voluntary service.

Provide practical financial management skills such as budgeting, bill paying etc. which is a key requirement to enable supported living within the community.

Provide basic living skills such as understanding the public transport network, buying travel tickets etc.



Accommodation

A M care home is furnished and equipped to the most exacting standards of the local authority and Commission for Social Care Inspectorate to meet the Fire Authorities regulation and health safety requirements.

Our premises are easily accessible and equipped to meet the needs of disabled visitors.

We operate a NO SMOKING policy indoors but provide a designated outside area for smoking.

We want our care home service users to make themselves at home and encourage them to bring personal possessions and home entertainment equipment.